

Learning to use the Lil' Bugger Snuggler™

Unlike many carriers, the Snuggler™ doesn't have complicated latches, hooks or snaps. Instead, the Snuggler™ is worn by the parent like a SASH, over one shoulder and around the waist on the other side of the body. Excess fabric is pulled through rings which allow the sling to be adjusted for a customized, comfortable fit for both parent and child.

TO CREATE THE SNUGGER SASH™:

(Lefties, simply use left where right is indicated, right where left.)

1. Hold the Snuggler™ rings in your right hand with the label facing away from you.
2. With left hand, grab bottom edge of fabric (edge closest to where the labels are sewn).
3. Give Snuggler™ a good shake to unfold.
4. Run left hand down the long fabric edge to Snuggler™ end corner.
5. Bring right hand, still grasping rings, over your head to rest rings on your right shoulder, making sure the label is on the bottom against your shoulder. Release rings onto your shoulder and use right hand to grasp the other sling end corner.
6. Bring end corners together and gather fabric between corners, wrong sides together.
7. Keeping rings together, thread the gathered fabric through the bottom and out the top of both rings.
8. Use left hand to grab bottom ring to separate rings.
9. With right hand, grasp the end of Snuggler™ and thread gathered fabric over top ring, down between rings and through the bottom ring.
10. Bring left hand, arm and shoulder up through Snuggler Sash™ so that the Snuggler™ falls to your waist on your left side.
11. Move the Snuggler™ rings so that they rest just below the shoulder and collar bone on your right shoulder.



Steps 1, 2



Steps 4, 5



Step 7



Steps 8, 9



Step 11

This is the Snuggler Sash™. Once you've created your Snuggler Sash™, the simplest way to remove the sling is to simply loosen it, remove your child and pull the sling off over your head. To put it on, simply slip it over your head to wear it on either side of your body. Each time you place baby in the SASH be sure to pull on the edges of the tail to customize the fit to you and your child.

POSITIONS:

- Although there are many positions for carrying your baby in the sling, they all begin with the basic Snuggler Sash™.
- Always support your baby with your hands as you are getting used to the sling, paying special attention to your newborn's head.
- At first, try sitting down to place your child in the sling so that the child's weight rests in your lap.
- It may help to have another adult assist as you get accustomed to using the sling with your child.
- Be patient. Although using a sling may seem complicated, once you begin to use the Snuggler™ it will become second nature. You'll wonder how you ever lived without it!
- As your baby grows heavier, try spreading the top fold of the fabric across your shoulder and down your arm to distribute weight. (see Hip Carry picture below)

Cradle Carry

This is the most popular position for newborns although it can be used for all ages. It provides support for the child's head and the ability to breast feed with discretion.

Tighten the edge of the fabric closest to you so that it is snug and high on your body to create a deep cradle-like pouch. Loosen outer edge and lie baby in pouch (as seen in pic) with her head on either side. Pull both edges of fabric til baby is snug. To breastfeed, simply loosen edge closest to your body enough to allow baby to feed.



Newborn Upright Position

This position is great for newborns but is also useful for older babies who are sleeping.

Place the baby upright in the SASH with the baby facing your chest, then tighten the top of the fabric to support baby's head and the bottom under his bum to secure the him in place.



Kangaroo Carry

This position is great for babies who have some head control and want to see more of the world than the cradle or upright positions allow.

Adjust the sling as if you plan to use the cradle position. With baby facing away from you, slip baby (bum first) into the pouch. Adjust fabric to secure her torso into sling.



Hip Carry

This is the most popular position for heavier babies because much of the weight is carried on your hip. It should only be used with children who can sit up without assistance.

Slip child into the SASH with the child straddling your hip. Adjust the fabric under his bum and under his arms to secure.



Back Carry

This carry, which is recommended only for toddlers, places the weight solidly on your back and hips, rather than shoulders. Consider asking an adult to assist you til you are experienced with this position.

Place your child in the hip carry, making sure the fabric is high over the child's shoulder's and tight under their bum. Bend slightly at the waist and slide your child around to your back. Before straightening, pull the fabric tight to secure child to your back.



These are only a few of an infinite number of positions you can use with your child. As you grow accustomed to the Snuggler™ and use it often, you and your child will discover many variations that are comfortable and secure for you both. Feel contact Lil Bugger Ltd. at 702-837-4764 or lilbuggerltd@cox.net with questions or concerns.